



Year 5 Medium Term Planning						
Advent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	British Values	British Values Democracy Timings to be decided annually	Jigsaw Being Me My Year Ahead	BRITISH VALUES Jigsaw Being Me Being a citizen of my country	Jigsaw Being Me Rewards and consequences	Firework safety (To be taught when appropriate time)
Medium term knowledge	Pupils will know School Rules Rights and responsibilities of a learner	Election of Head Boy / Girl Election of School Council	Pupils will know I can face new challenges and set personal goals	Pupils will know I know my rights and responsibilities as a citizen of my country	Pupils will know I can make informed choices	Pupils will know
Re-cap and re-visit						Stranger danger with a view to the dangers of 'Trick or Treat'
Advent 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Jigsaw Dreams and Goals When I grow Up	Jigsaw Dreams and Goals Investigate Jobs and Careers	Jigsaw Dreams and Goals My Dream Job	Jigsaw Dreams and Goals Support		



Medium term knowledge	<p>Pupils will know</p> <p>I can talk about what I want to be when I grow up</p> <p>I understand I might need money to help me achieve my dreams and goals</p>	<p>Pupils will know</p> <p>I know about a range of jobs people who I know do</p>	<p>Pupils will know</p> <p>I can identify a job that I might do when I grow up</p> <p>I can identify steps I may need to take to achieve this</p>	<p>Pupils will know</p> <p>I know how we can support each other to meet our goals</p>	<p>Pupils will know</p>	<p>Pupils will know</p>
Re-cap and re-visit						
Lent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Ten Ten Under Pressure	Ten Ten Do you want a piece of cake?	Ten Ten Self-Talk		Internet Safety Day / Week Timings / Content to be decided annually	Children's Mental Health week Timings / Content to be decided annually



Medium term knowledge	Pupils will know Pressure comes in different forms and there are strategies we can use to resist pressure.	Pupils will know Understand what consent and bodily autonomy are Discuss and reflect on different scenarios where it is right to say 'No'	Pupils will know How thoughts and feelings can impact on actions Apply this approach to friendships and relationships	Pupils will know	Pupils will know	Pupils will know
Re-cap and re-visit		PANTS				
Lent 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Ten Ten Sharing isn't always caring (NSPCC Share-Aware)	Ten Ten Cyberbullying (NSPCC Share Aware)	Ten Ten Types of abuse	Ten Ten Impacted Lifestyles	Ten Ten Making Good Choices	Ten Ten Giving Assistance



Medium term knowledge	<p>Pupils will know</p> <p>With increased independence there comes increased responsibility to keep yourself and others safe.</p> <p>How to use technology safely</p> <p>That what we watch / listen to can affect our health.</p>	<p>Pupils will know</p> <p>What cyberbullying is and examples of it</p> <p>What cyberbullying feels like for the victim</p> <p>How to get help if you experience cyberbullying</p>	<p>Pupils will know</p> <p>Different types of abuse: Neglect Physical Emotional Sexual</p> <p>How to judge which type of physical contact is acceptable / unacceptable and how to respond.</p>	<p>Pupils will know</p> <p>The effects on the body of different substances including drugs / tobacco and alcohol</p> <p>Learn to make good choices about what substances we put in our bodies.</p>	<p>Pupils will know</p> <p>Understand that they may come under pressure when it comes to drugs / alcohol and tobacco (vaping)</p> <p>Learn that they are entitled to say No.</p>	<p>Pupils will know</p> <p>Basic First Aid</p> <p>The Recovery Position</p> <p>DR ABC D</p>
Re-cap and revisit			PANTS	Include Vaping.		
Pentecost 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
			Ten Ten What is puberty?	Ten Ten Changing Bodies	Ten Ten Boy / Girl Discussion Groups	Ten Ten Life Cycles <i>This lesson does NOT include sexual intercourse. A letter should go home in case it leads to further discussion at home.</i>



Medium term knowledge			<p>Pupils will know</p> <p>Learn what puberty means</p> <p>Learn when they can expect puberty to take place</p> <p>(May have been covered briefly in Year 4 depending on maturity / development of class)</p>	<p>Pupils will know</p> <p>The correct names for genitalia</p> <p>Learn what changes happen to boys in puberty</p> <p>Learn what changes happen to girls in puberty.</p>	<p>Pupils will know</p> <p>This is an opportunity for boys / girls to ask questions.</p>	<p>Pupils will know</p> <p>How the baby develops in the womb</p> <p>Scientifically, the moment of conception</p> <p>How conception, development in the womb fit into the life cycle.</p>
Re-cap and revisit						
Pentecost 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	<p>Sun Safety</p> <p>To be taught when weather appropriate</p> <p>Include Water Safety</p>	NHS Five Steps to Wellness	NHS Five Steps to wellness	NHS Five Steps to wellness	NHS Five Steps to Wellness	NHS Five Steps to Wellness



St Mary's Catholic Primary Voluntary Academy SUBJECT - PHSCE

CLASS - 5

Medium term knowledge	Pupils will know Slip, Slop, Slap, Slide, Shade	Pupils will know Connect with others Arrange a game with another class	Pupils will know Be Physically Active Set yourselves a class fitness challenge	Pupils will know Learn a new skill Chess? Origami?	Pupils will know Give to Others Invite Grandparents in?	Pupils will know Be present in the moment (Arrange a class mini retreat with the chaplain)
Re-cap and re-visit						