



Year 3 Medium Term Planning

Advent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	British Values	British Values Democracy <b>Timings to be decided annually</b>	Ten Ten The Sacraments	Jigsaw Being Me	Jigsaw Being Me	Jigsaw Being Me
Medium term knowledge	Pupils will know  School Rules Rights and Responsibilities of a learner.	Election of Head Boy / Girl  Election of School Councillors	Pupils will know  That in Baptism God makes us His children and receivers of His Love  That by regularly receiving the Sacrament of Reconciliation, we grow in good deeds  It is important to do a nightly examination of conscience.	Pupils will know  I know my strengths	Pupils will know  I can face new challenges positively, make responsible choices and ask for help if I need it	Pupils will know  I understand why rules are needed including my rights and responsibilities
Re-cap and re-visit						
Advent 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Ten Ten Jesus my friend <b>5 X 15 minute sessions over consecutive days.</b>	Jigsaw Being Me	Jigsaw Dreams and Goals	Jigsaw Dreams and Goals	Jigsaw Dreams and Goals	Firework Safety <b>To be taught when time appropriate</b>



Medium term knowledge	<p>Pupils will know</p> <p>That God loves us and forgives us</p> <p>The importance of forgiveness and reconciliation</p> <p>Relationships take time and effort to sustain</p>	<p>Pupils will know</p> <p>I understand that my actions affect others</p>	<p>Pupils will know</p> <p>I can tell you about a person who has faced significant challenge and overcome it</p>	<p>Pupils will know</p> <p>I can identify a dream or ambition</p>	<p>Pupils will know</p> <p>I enjoy facing new challenges</p> <p>I can break down a goal into simple steps</p>	<p>Pupils will know</p>
Re-cap and re-visit						
Lent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Ten Ten Friends, Family and Others	Ten Ten When things feel bad			<p>Internet Safety Day / Week</p> <p><b>Timing and content to be decided annually</b></p>	<p>Children's Mental Health Week</p> <p><b>Timing and Content to be decided annually</b></p>



<p>Medium term knowledge</p>	<p>Pupils will know</p> <p>Ways to develop good, positive, trusting relationships</p> <p>Strategies to use when relationships go wrong</p> <p>That there are different types of relationships</p> <p>Good friends want what is truly best for each other</p> <p>The difference between a group of friends and a 'clique'</p>	<p>Pupils will know</p> <p>Develop a greater sense of what is bullying (including cyber-bullying)</p> <p>How to respond to bullying</p> <p>Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.</p>	<p>Pupils will know</p>	<p>Pupils will know</p>	<p>Pupils will know</p>	<p>Pupils will know</p>
<p>Re-cap and re-visit</p>						
<p>Lent 2</p>	<p>Week 7</p>	<p>Week 8</p>	<p>Week 9</p>	<p>Week 10</p>	<p>Week 11</p>	<p>Week 12</p>



	Ten Ten Sharing Online	Ten Ten Chatting Online	Ten Ten Safe in my body	Ten Ten Drug, Alcohol and Tobacco	Ten Ten First Aid Heroes	
Medium term knowledge	<p>Pupils will know</p> <p>That with increased independence comes increased responsibility</p> <p>How to use technology safely</p> <p>How to report or get help if they receive inappropriate messages / content</p>	<p>Pupils will know</p> <p>How to use technology safely</p> <p>That bad language and bad behaviour are inappropriate</p> <p>What we watch, hear, say and do online can be bad for us / affect our health</p> <p>How to report / get help</p>	<p>Pupils will know</p> <p>To judge what kind of physical contact is acceptable / unacceptable and how to respond</p> <p>That there are different people that we can trust to help</p>	<p>Pupils will know</p> <p>Medicines are drugs but not all drugs are good for us</p> <p>Alcohol and tobacco are harmful substances (include vaping)</p> <p>We should take care of our bodies</p>	<p>Pupils will know</p> <p>In an emergency, it is important to remain calm</p> <p>Quick reactions in an emergency can save lives</p> <p>Children can help in an emergency using their first aid knowledge</p>	Pupils will know
Re-cap and revisit			PANTS			



Pentecost 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Road Safety				Water Safety To be taught when weather appropriate	Sun Safety To be taught when weather appropriate
Medium term knowledge	Pupils will know  Safe places to cross  I must wear a seatbelt  I must wear a cycling helmet	Pupils will know	Pupils will know	Pupils will know	Pupils will know  The dangers of open water.	Pupils will know  Slip, Slop, Slap, Slide, Shade
Re-cap and revisit						
Pentecost 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	NHS Five steps to wellness	NHS Five Steps to wellness	NHS Five Steps to wellness	NHS Five Steps to wellness	NHS Five steps to wellness	
Medium term knowledge	Pupils will know  Connect with others  Learn some new group games to play with others	Pupils will know  Be Physically active  Learn how much exercise children	Pupils will know  Learn New Skills  British Sign Language?	Pupils will know  Give to Others  Organise a fundraiser / support a chaplaincy fundraiser	Pupils will know  Pay attention to the Present Moment	Pupils will know



St Mary's Catholic Primary Voluntary Academy SUBJECT - PHSCE

CLASS - 3

		should have each day			Class mini-retreat (organise with Chaplain)	
Re-cap and re-visit						

Notes: