

## St Mary's Catholic Primary Voluntary Academy SUBJECT - PHSCE

			Year 1 Medium Term P	lanning		
Advent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	British Values Rights and Responsibilities School Rules	British Values Democracy Times to be decided annually	Ten Ten Let the Children Come 5 X 15 minute sessions to be taught over consecutive days.	Ten Ten God Loves You	Stranger Danger	Firework Safety To be taught when time appropriate
Medium term knowledge	Pupils will know We have rights and responsibilities I have a right to learn My friends have a right to learn	Election of Head Boy / Girl Election of School Council	Pupils will know We are created individually by God God wants us to 'Come to Him'	Pupils will know We are part of God's family The importance of saying 'Sorry' We should love one another in the same way as Jesus loves us.	Pupils will know Who their 'Safe' people are	Pupils will know
Re-cap and re- visit						
Advent 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Jigsaw Being Me	Jigsaw Being Me	Jigsaw Being Me	Jigsaw Being Me	Jigsaw Being Me	
Medium term knowledge	Pupils will know I can recognise my emotions	Pupils will know I know ways to calm down	Pupils will know I know the rights and responsibilities of being in my class	Pupils will know I know that my views are valued (taking turns in conversations)	Pupils will know I understand choices and consequences	Pupils will know
Re-cap and re- visit						

CLASS - 1



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CLASS - 1

Lent 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Ten Ten Special People	Ten Ten Treat Others Well	Ten Ten and say 'Sorry'	Internet Safety Day / Week Times and content to be decided annually	Children's Mental Health Week Times and Content to be decided annually	
Medium term knowledge	Pupils will know To identify special people and what makes them special The importance of trusting people and telling them when something is wrong	Pupils will know How their behaviour affects other people There is appropriate and inappropriate behaviour Different types of teasing Bullying is wrong	Pupils will know How to recognise when they have been unkind and how to say sorry To recognise when people are being unkind to them and how to respond To know that God forgives	Pupils will know	Pupils will know	Pupils will know
Re-cap and re- visit	Stranger Danger / Circle of Trust					
Lent 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Ten Ten Being Safe	Ten Ten Good Secrets and Bad Secrets	Ten Ten Physical Contact This is the NSPCC PANTS TALK (it may take 2 sessions)	Ten Ten Harmful Substances	Ten Ten Can You help me? (1)	Ten Ten Can You help me? (2)
Medium term knowledge	Pupils will know How to recognise safe and unsafe situations (including online)	Pupils will know The difference between 'good' secrets and 'bad' secrets and that they should be open with people they trust if something is bothering them. How to resist pressure when feeling unsafe	Pupils will know They are entitled to bodily privacy That there are different people who they can trust	Pupils will know Medicines are drugs but not all drugs are good for us Alcohol and tobacco are harmful substances	Pupils will know How to call 999 and what to say	Pupils will know Some basic principles of first aid.



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Re-cap and revisit						
Pentecost 1	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
	Road Safety	Jigsaw Dreams and Goals	Jigsaw Dreams and Goals	Jigsaw Dreams and goals	Jigsaw Dreams and Goals	Sun Safety To be taught when weather appropriate
Medium term knowledge	Pupils will know	Pupils will know	Pupils will know	Pupils will know	Pupils will know	Pupils will know
Kilowiedge	I must hold an adult's hand when crossing the road / near busy roads Safe places to cross I must wear a seatbelt in the car I must wear a helmet on my bike	I can tell you one good thing about being in my class	l can work towards a simple goal	I can work with a partner	I can tackle a new challenge and realise this might stretch my learning	Slip, Slop, Slap, Slide, Shade
Re-cap and revisit						



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CLASS - 1

Pentecost 2	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
	Ten Ten	Ten Ten	Ten Ten			
	Three in One	Who is my neighbour?	The Communities we live in			
Medium term knowledge	Pupils will know	Pupils will know	Pupils will know	Pupils will know	Pupils will know	Pupils will know
	God the Father, God the Son, God the Holy Spirit	What communities we live in	That we belong to various communities			
	- / - F	We are called to love in Community	That we should help at home with basic tasks			
		Jesus' teaching on loving one another	That we have a duty of care for others			
			What harms / protects the world we live in.			
Re-cap and re- visit						

Notes: