

# Curriculum Overview

*Primary Curriculum Framework for Relationships Education, Relationships and Sex Education and Health Education*

**(Revised December 2020)**

This Primary Curriculum Framework covers EYFS, KS1 and KS2 and is based on three core themes within which there will be broad overlap. It is adaptable to the age and ability of the pupils.

The three themes are:

**Created and loved by God** (this explores the individual)

The Christian imperative to love self, made in the image and likeness of God, shows an understanding of the importance of valuing and understanding oneself as the basis for personal relationships.

**Created to love others** (this explores an individual's relationships with others)

God is love. We are created out of love and for love. The command to love is the basis of all Christian morality.

**Created to live in community – local, national & global** (this explores the individual's relationships with the wider world)

Human beings are relational by nature and live in the wider community. Through our exchange with others, our mutual service and through dialogue, we attempt to proclaim and extend the Kingdom of God for the good of individuals and the good of society.

Each theme covers the core strands of 'Education in Virtue' and 'Religious Understanding' as well as strands which cover the PSHE content of the theme.

*\*From September 2020, the Health Education (HE) and Relationships Education (RE) aspects of PSHE education will be compulsory in all schools – these aspects are reflected within each section.*

***It is worth noting that some of the elements of coverage referred to below will already be part of the day to day Catholic life of the school, and reinforced through pupil's involvement within Collective Worship.***



EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
Theme 1: Created and Loved by God	<b>I know: That I am made by God</b>	Myself (Domestic Church-Autumn term)	Wonder at God's love Nursery p.7		1. We are all special		Picture my World resource	
	<b>What I am good at</b>		God loves each of us in our uniqueness Reception p.12		2. I can say one good thing about myself	Self-confidence and self-awareness (40-60+mths)	Picture My World	EYFS Unit 2, Lesson 1 &2.
	<b>Talk about the good things in my life</b>	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)					Picture My World resource	
	<b>I know: That I am living and growing</b>	Growing (Lent/Easter Spring term)				The world (30 – 50mths)	Harvest Resources	EYFS Unit 6 Lesson 3 Lesson 4 & 5 Transition to Y1
	<b>That a baby grows inside its mother's womb before birth</b>		God loves each of us in our uniqueness Reception p.14					

# EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
	<b>I can: Identify living things</b>					Understanding the world (30 – 50mths)		
	<b>Be patient when I do not get what I want straight away</b>					Managing feelings and behaviour (30-50mths)		EYFS Unit 3 Lesson 1 Challenge. Lesson 2 Never Giving Up. Lesson 3 Setting Goals. Lesson 4 Obstacles and Support
	<b>I know : What I like and dislike</b>		Wonder at God's love Nursery p.9			Self-confidence and self-awareness (40-60+mths)	Picture my world	EYFS Unit 3 Lesson 5 Jobs
	<b>Name similarities and differences between myself and others</b>		Wonder at God's love Nursery p.8  God loves each of us in our uniqueness Reception p.11		35. I notice we are the same and we are different	The world (40-60+mths)		EYFS Unit 4 Lesson 1 Body. Lesson 2 We like to move it.

# EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
	Keep clean by washing and drying my hands					Health and self – care (30-50mths)		EYFS Unit 3 Lessons 3,4 & 5
	That a baby grows inside its mother’s womb before birth		God loves each of us in our uniqueness Reception p.14					
	I know: What I like and dislike		Wonder at God’s love Nursery p.9			Self-confidence and self-awareness (40-60+mths)	Picture my world	
	Say how I feel at different times		Wonder at God’s love Nursery p.9					EYFS Unit 1 Lessons 1,2,3 & 4

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
Theme 2: Created to love others	Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation- Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		
	I can: Say 'please' and 'thankyou'				19. I try to use words that make the world a better place	Managing feelings and behaviour (40-60+mths)	Picture my World resource	
	That God loves me and I can talk to God through prayer	All Topics	Wonder at God's love Nursery p.10  God loves each of us in our uniqueness Reception p.14					
	Say 'sorry'	Friends (Reconciliation- Summer term)			31. I know how to show I am sorry	Managing feelings and behaviour (40-60+mths)		
	That Jesus cares for me and I am part of God's family	Myself (Domestic Church- Autumn term)						

# EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
	<b>That Jesus tells us to love one another</b>	Friends (Reconciliation-Summer term)						
	<b>I know: Who can help me in school</b>				25. I know when to ask for help and who to ask for help from	Self-confidence and self-awareness (30-50mths)		EYFS Unit 4 Lesson 6 Stranger Danger
	<b>That I belong to a family and can name my family members</b>	Myself (Domestic Church Autumn term)	God loves each of us in our uniqueness Reception p.11			Understanding the world People and communities(22-36mths)		EYFS Unit 2 Lessons 3, 4. EYFS Unit 5 Lesson 1
	<b>I can: Identify special people (family, carers, friends) in my life</b>		God loves each of us in our uniqueness Reception p.12			Making relationships (30-50mths)		
	<b>When people are being unkind to me or others and how to respond</b>				5. I know what to do if I see anyone being hurt	Making relationships (30-50mths)		

EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
<b>Theme 3: Created to live in community – local, global &amp; national</b>	<b>To explore who my neighbour is – locally / globally</b>	Our World (Universal Church Summer term)					Picture my World resource	
	<b>Show care for others</b>	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		
	<b>Right and wrong actions</b>	Friends (Reconciliation-Summer term)				Managing feelings and behaviour (40-60+mths)		EYFS Unit 1 Lessons 4 & 5
	<b>To make the sign of the cross</b>	Growing						
	<b>That Jesus tells us to love one another</b>	Friends (Reconciliation-Summer term)			19. I try to use words that make the world a better place			



EYFS

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Early Learning Goals	Links to CAFOD Resources	PSHCE
	Show friendly behaviour towards others		God loves each of us in our uniqueness Reception p.13			Making relationships (30-50mths)		Unit 2 Lessons 5 & 6 Unit 5 Lessons 2,3,4 <b>*Caution Advised</b>
	Ask questions about the wider world	Our World (Universal Church Summer term)				Understanding the world –the world (40-60+mths)	God's Wonderful World linked to (Come and See Universal Church)	

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
<b>Theme 1: Created and Loved by God</b>	<b>That I have individual gifts, talents and abilities, given by God</b>	Beginnings Y2 (Domestic Church- Autumn term)		Module 1 Unit 2 Session 1 I am Unique	2. I can say one good thing about myself			Y1 Unit 2 Lessons 1&2 Y1 Unit 3 Lessons 1,2,3,4,5 &6
	<b>Give thanks for the good things in my life</b>	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16	Module 2 Unit 2 Session 1 Special People	20. I try to appreciate the beauty and the wonder in the world around me		Picture My World resource  A Day with Musa resource	
	<b>I know: That babies change and grow and that there are life stages from conception to death</b>	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15	Module 1 Unit 4 Session 1 The Cycle of Life		Living things and their habitats Y2 Sc2/2.1b  Animals including humans Y2 Sc2/2.3b		
	<b>That a baby moves as it grows in its mother's womb</b>	Waiting Y1 (Advent Autumn term)						
	<b>Accept that I do not always get what I want</b>	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)				23. I try to keep going when things get difficult and not give up hope		Y2 Unit 3 Peseverance & Group Working Lessons 1 to 6.

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	I can: Identify the needs of people and other living things.					Animals including humans Y2 Sc2/2.3c		
	Describe the similarities and differences between people (general)			Module 1 Unit 2 Session 2 Girls and Boys	35. I notice that we are the same and we are different		A Day with Musa resource	Year 2 Unit 2 Lessons 1,2 & 5
	Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			Module 1 Unit 2 Session 3 Clean and healthy	9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time)	Animals including humans Y2 Sc2/2.3c	Health resource  Water resource	Year 1 Unit 4 All Lessons Year 2 Unit 4 All Lessons
	I know: That we all have different likes and dislikes			Module 1 Unit 3 Session 1 Feelings, Likes and Dislikes			A Day with Musa resource  One Day One World resource	

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	<b>I can: Name happy and sad times in my life</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God's love in our family Y1 p.15  We meet God's love in the community Y2 p.19	Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)			
	<b>I know: That I am special because I am made and loved by God</b>	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God's love in our family Y1 p.18	Module 1 Unit 1 Story Sessions Handmade with Love  Module 2 Unit 1 Session 1 God Loves You	1. We are all special			
	<b>Talk about my mood and know that how I am feeling is a normal part of daily life</b>			Module 1 Unit 3 Session 2 Feeling Inside Out	3. I can say how I feel (circle time)			Y2 Unit 4 Lesson 2

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
Theme 2: Created to love others	I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			Module 2 Unit 2 Session 2 Treat Others Well	19. I try to use words that make the world a better place			
	That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18  We meet God's love in the community Y2 p.19- 22	All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19		15. I know I belong to a community that includes my school		Refugees resource  Universal Church topics	
	That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	<b>Be forgiving, able to say sorry to mend relationships</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry 29. I try to forgive people when they hurt me			Y2 Unit 5 Lesson 3
	<b>Be caring, aware of the needs of others</b>	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself		Picture My World resource  A Day with Musa resource	
	<b>Look after myself and show respect to others</b>			Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself		Picture My World resource  A Day with Musa resource	
	<b>Be honest, able to tell the truth about my actions</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			Y2 Unit 5 Lesson 4 – Secrets <b>*Caution Advised</b>
	<b>That how I act can have consequences</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry				Y1 Unit 1 Lessons 5 & 6

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	<b>Manage my feelings and behaviour</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 2 Feelings Inside and Out  Module 1 Unit 3 Session 3 Super Susie Gets Angry	3. I can say how I feel (circle time)			
	<b>Describe how to keep safe in the sun</b>			Module 2 Unit 3 Session 1 Being Safe	9. I can tell you how I look after myself  10. I think before I make choices that affect my health (circle time)		Health resource	
	<b>I know: Who to go to if I am worried or need help</b>			Module 2 Unit 3 Session 1 Being Safe	25. I know when to ask for help and who to ask for help from			Y1 Unit 5 Lesson 4 Y2 Unit 5 Lesson 5
	<b>That healthy families love, care and protect one another and that there are different family structures and these should be respected</b>	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 1 Special People				

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	I can: Recognise what makes people special.			Module 2 Unit 2 Session 1 Special People	1. We are all special		KS1 Bangladesh resource	
	That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			Module 1 Unit 3 Session 2 Feelings Inside and Out  Module 2 Unit 2 Session 2 Treat Others Well	5. I know what to do if I see anyone being hurt  7. I try to stand up for myself and others			Y1 Unit 2 Lesson 3 & 4 Y2 Unit 2 Lesson 3
	How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19	Module 2 Unit 2 Session 2 Treat Others Well				
	Recognise the characteristics of positive and negative relationships			Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			Y2 Unit 5 Lesson 2 Relationships – Physical contact <b>*Caution Advised</b>



## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	How to use simple rules for resisting pressure when I feel unsafe or uncomfortable			Module 2 Unit 3 Session 2 Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			
	Get adult help if someone is hurt		27. I know how to help others when they are in trouble					

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
Theme 3: Created to live in community – local, global & national	<b>Recognise that I can belong to a variety of communities locally, nationally and globally</b>	Special People Y1 Books Y2 (Local church Spring term)  Neighbours Y1 (Universal Church-Summer term)		Module 3 Unit 1 Session 2 Who is My Neighbour?  Module 3 Unit 2 Session 1 The Communities We Live In	15. I know I belong to a community that includes my school		KS1 Bangladesh resource  Laudato Si Care for our Common Home	Y1 Unit 1 Lessons 1&2 Class Rights & Responsibilities Y2 Unit 1 Lessons 1,2 & 3 <b>School Council elections.</b>
	<b>Show awareness of differences between my life and others in the wider world</b>	Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19	Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Who is my Neighbour			Fair Trade Resource  Laudato Si Care for our Common Home	
	<b>To make, and understand the sign of the cross</b>							

## Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	PSHCE
	<b>Be friendly and can make friends</b>			Module 2 Unit 2 Session 2 Treat Others Well	18. I cooperate with others in work and play. (circle time)			Y1 Unit 2 Lesson 5 & 6 Y1 Unit 5 Lessons 2,3,5 & 6
	<b>That how I act can have consequences</b>	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		Module 1 Unit 3 Session 3 Super Susie Gets Angry				Y1 Unit 1 Lessons 5 & 6
	<b>That Jesus tells us to forgive one another</b>	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		Module 2 Unit 2 Session 3 ...And Say Sorry	31. I know how to show I am sorry			
	<b>Be caring, aware of the needs of others</b>	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		Module 2 Unit 2 Session 2 Treat Others Well	13. I try to love others as I love myself		Picture My World resource  A Day with Musa resource	

Key Stage One

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
by God Theme 1: Created and Loved	<b>I know: That life is precious and given by God</b>	Homes Y3 People Y4 (Domestic Church-Autumn term)  Other Faiths weeks	God loves us in all our differences Y4 p. 28-32	Module 1 Unit 1 Story Sessions Designed for a Purpose  Module 1 Unit 2 Session 1 We Don't Have to be the Same	35. I notice that we are the same and we are different  36. I try to be accepting of others		One Day One World	
	<b>That God wants me to use my individual gifts, talents and abilities</b>		God loves us in all our differences Y4 p.30	Module 1 Unit 2 Session 1 We Don't Have to be the Same	2. I can say one good thing about myself			Y3 Unit 2 Lesson 5 & 6 Y3 Unit 3 Lessons 1-6
	<b>Be forgiving, able to say sorry and not hold grudges against those who have hurt me</b>	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		Module 2 Unit 2 Session 1 Family, Friends and Others	33. I try to accept forgiveness from others		Peace and Conflict resource	
	<b>Be grateful to others for the good things in my life</b>	Homes Y3 (Domestic Church-Autumn term)		Module 2 Unit 2 Session 1 Family, Friends and Others	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	
	<b>I know:</b>		God loves us	Module 1 Unit 2 Session 3				

## Lower Key Stage Two

<p><b>That my body is changing as I grow and some of the changes that occur throughout life.</b></p>		<p>in all our differences Y4 p.28-32</p>	<p>What is Puberty? (optional – can be left to Upper KS2) Module 1 Unit 2 Session 4 Changing Bodies (optional – can be left to Upper KS2)</p>				
<p><b>How a baby grows and develops in its mother's womb</b></p>	<p>Visitors Y3 (Advent-Autumn term)</p>	<p>God loves us in all our differences Y4 p.28-32</p>	<p>Module 1 Unit 4 Session 1 Life Cycles (optional – can be left to Upper KS2)</p>				
<p><b>Accept that I do not always get what I want and show an awareness of why this is</b></p>	<p>Self-Discipline Y4 (Lent/Easter-Spring term)</p>			<p>10. I think before I make choices that affect my health</p>			
<p><b>I can: Describe the needs of people and other living things, including the need to reproduce</b></p>		<p>God loves us in all our differences Y4 p.28-32</p>	<p>Module 1 Unit 1 Story Sessions Designed for a purpose</p>				

## Lower Key Stage Two

<p>Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions</p>		<p>God loves us in all our differences Y4 p.28-32</p>	<p>Module 1 Unit 2 Session 4 Changing Bodies</p>	<p>35. I notice that we are the same and we are different</p>		<p>One Day One World resource</p>	
<p>Describe a healthy lifestyle, including physical activity, dental health, healthy eating, sleep and hygiene</p>			<p>Module 1 Unit 2 Session 2 Respecting Our Bodies</p>	<p>9. I can tell you how I look after myself 10. I think before I make choices that affect my health</p>	<p>Animals including humans Y3 Sc3/2.2</p>		<p>Y4 Unit 3 Smoking Y4 Unit 4 Alcohol Y3 Unit 4 Lesson 1,2,4,5,6</p>
<p>I can: Confidently say what I like and dislike</p>		<p>How we live in love Y3 p.26</p>		<p>2. I can say one good thing about myself</p>		<p>One Day One World resource</p>	

## Lower Key Stage Two

<p><b>I can: Describe the wider range of my feelings</b></p>		<p>God loves us in all our differences Y4 p.30-32</p>	<p>Module 1 Unit 3 Session 1 What Am I Feeling?</p>				<p>Y4 Unit 4 Lesson 6 Y4 Unit 5 Lesson 2 Jealousy. Lesson 2 Friendship. Lesson 3 Loss. Lesson 4 Maintaining Friends</p>
<p><b>Describe changes that happen in life e.g. loss, separation, divorce and bereavement</b></p>	<p>Community Y4 (Local Church-Spring term)</p>		<p>Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful</p>	<p>3. I can say how I feel (circle time)</p>			
<p><b>Describe some ways to maintain good mental health, (exercise, diet sleep, company)</b></p>				<p>3. I can say how I feel (circle time)</p>			



## Lower Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
Theme 2: Created to love others	I can Be courteous, showing good manners at home and in school			Module 2 Unit 2 Session 1 Family, Friends and Others	19. I try to use words that make the world a better place			Y3 Topic 1 Lesson 3 Rules
	That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23  God loves us in all our differences Y4 p.28-32	All Units from 'Life to the Full' introduce children to a variety of ways to pray				
	That belonging to the Church family means that I should love other people in the same way as Jesus does	Journeys Y3 Community Y4 (Local Church-Spring term)  Called Y4		Module 3 Unit 1 Session 2 Where is Church?	15. I know I belong to a community that includes my school		Refugees resource  Universal Church topics	

## Lower Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
		Baptism/Confirmation- Autumn term						
	<b>That following Jesus' teaching on forgiveness can help me in my relationships my friends</b>	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	God loves us in all our differences Y4 p.30	Module 2 Unit 1 Story Sessions Jesus My Friend	33. I try to accept forgiveness from others			
	<b>Describe how and why to keep safe in the sun</b>			Module 1 Unit 2 Session 2 Respecting Our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health			
	<b>Be respectful of myself and others, recognising differences</b>		How we live in love Y3 p.23	Module 1 Unit 2 Session 1 We Don't Have to be the Same	33. I know what human dignity means and I show that I respect others		One Day One World resource	Y3 Unit 1 Lessons 4,5 & 6 Y3 Unit 3 Lessons 1 & 2 Y4 Unit 2 Lessons 2,3
	<b>Be honest, able to be truthful in my relationships with others</b>	Choices Y3 Building Bridges Y4 (Reconciliation -Summer term)	How we live in love Y3 p.25	Module 2 Unit 2 Session 1 Family, Friends and Others	31. I know how to show I am sorry			

## Lower Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<b>Be caring, aware of the needs of others and responding to those needs</b>	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 2 Unit 2 Session 1 Family, Friends and Others	27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	
	<b>I know: That some behaviour is unacceptable</b>		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 2 Unit 2 Session 2 When Things Feel Bad	5. I know what to do if I see anyone being hurt		Global Neighbours resource Laudato Si Care for our Common Home	
	<b>Cope with natural negative emotions and show resilience following setbacks</b>		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 2 Unit 2 Session 3 When Things Change Module 1 Unit 3 Session 3 I am Thankful	23. I try to keep going when things get difficult and not give up hope			
	<b>I know: That I can go to a number of different people for help in</b>		How we live in love Y3 p.23	Module 2 Unit 2 Session 2 When Things Feel Bad	25. I know when to ask for help and who to ask for help from			

## Lower Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	different situations.							
	That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church- Autumn term)		Module 2 Unit 2 Session 1 Family, Friends and Others	35. I notice that we are the same and we are different			
		Come and See / Sacramental Preparation Education programme	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	What bullying is (including cyber-bullying) and how to respond			Module 2 Unit 2 Session 2 When Things Feel Bad				Y3 Unit 2 Lessons 3 & 4
	I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	How we live in love Y3 p.23	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			

## Lower Key Stage Two

	How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online			Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online				
	Make a clear and efficient call to emergency services if necessary				27. I know how to help others when they are in trouble			
	That not all images, language and behaviour are appropriate			Module 2 Unit 2 Session 2 When Things Feel Bad  Module 2 Unit 3 Session 2 Chatting Online	26. I can recognise comfortable and uncomfortable feelings (circle time)			
	The difference between good and bad secrets			Module 2 Unit 2 Session 2 When Things Feel Bad  Module 2 Unit 3 Session 3 Physical Contact	15. I know I belong to a community that includes my school			

## Lower Key Stage Two

	<p>Why social media, some computer games and online gambling, for example, are age restricted.</p>			<p>Module 2 Unit 3 Session 2 Chatting Online</p>				
	<p>That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health</p>			<p>Module 2 Unit 3 Session 2 Chatting Online</p>				
	<p>How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.</p>			<p>Module 2 Unit 3 Session 2 Chatting Online</p>				

## Lower Key Stage Two

		Come and See / Sacramental Preparation Education programme	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
<b>Theme 3: Created to</b>	<b>Be friendly, able to make and keep friends</b>	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)	How we live in love Y3 p.24	Module 2 Unit 2 Session 1 Family, Friends and Others	18. I cooperate with others in work and play (circle time)			

## Lower Key Stage Two

	<b>Show concern for the communities to which I belong, aware that my behaviour has an impact upon them</b>	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)  Other Faiths weeks	How we live in love Y3 p.23	Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Where is Church?	18. I cooperate with others in work and play (circle time)		Climate and Environment Resource  Fair Trade Resource  Laudato Si Care for our Common Home	Y4 Topic 1 All Lessons <b>School Council</b>
	<b>Identify injustices in the wider world</b>	Special Places Y3 God's People Y4 (Universal Church-Summer term)		Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2 Where is Church?			Climate and Environment Resource  Fair Trade Resource  Laudato Si	Y3 Unit 5 Lessons 4 & 5
	<b>That God is Trinity</b>	Special Places Y3 God's People Y4						
	<b>That some behaviour is unacceptable</b>				18. I cooperate with others in work and play (circle time)			
	<b>That following Jesus' teaching on forgiveness can help me in</b>	Choices Y3 Building bridges Y4						



## Lower Key Stage Two

	<b>my relationships with my friends</b>	(Reconciliation-Summer term)						
	<b>Be caring, aware of the needs of others and responding to those needs</b>	Energy Y3 New Life Y4 (Pentecost-Summer term)		Module 2 Unit 2 Session 1 Family, Friends and Others	27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
<b>Theme 1: Created and Loved by God</b>	<b>I know: That we are all children of God and made in God's image and likeness</b>	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36	Module 1 Unit 1 Story sessions Kester's Adventures  Module 1 Unit 2 Session 1 Gifts and Talents	1. We are all special		One Day One world resource	
	<b>That each person has a purpose in the world and that God has created me for a particular purpose (vocation)</b>	Life Choices Y5 Vocation and Commitment Y6 (Baptism/Belonging-Autumn term)		Module 2 Unit 1 Session 1 Is God Calling You?			Oscar Romero resource	
	<b>I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which</b>		God loves me in my changing and development Y5 p.33-34  <b>*SDB Y5 /6</b>	Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies		Animals including humans Sc5/2.2a		

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	occur during puberty							
	About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 <b>*SDB Y5 /6</b>	Lower KS2 Life Cycles could be used here  Module 1 Unit 4 Session 1				
	How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		Y5 p.34 God loves me in my changing and development  The wonder of God's love in creating new life Y6 p.40-41 <b>*SDB Y5 /6</b>	<b>Module 1 Unit 3 Sessions 1-3 Making Babies (Part 1 and 2) (parents may withdraw )</b>  Session 3 Menstruation				
	About the differences between boys and girls with regard to		Y5 p.33-36 God loves me in my changing and	Module 1 Unit 2 Session 1 Girl's Bodies				

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	puberty and reproduction		development *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.37-39	Module 1 Unit 2 Session 2 Boy's Bodies				
	About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination		*SDB Y5 /6	Module 1 Unit 2 Session 4 Spots and Sleep	9. I can tell you how I look after myself  10. I think before I make choices that affect my health	Animals including humans SC6/2.2 b		Y6 Topic 4 Lesson 2 Drugs Y5 Topic 4 Lesson 1 Smoking Lesson 2 Alcohol Lesson 3 Social Media / Body Images <b>*Caution Advised</b>
	I can: Be confident in my relationships with my peers in various			Module 2 Unit 3 Session 1 Sharing Online				

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	situations, including online			Module 2 Unit 3 Session 2 Chatting Online				
	I can: Describe how my emotions may change and intensify as I grow and move through puberty		God loves me in my changing and development Y5 p.35 <b>*SDB Y5 /6</b> The wonder of God's love in creating new life Y6 p.42-43	Module 1 Unit 3 Session 3 Emotional Changes	3. I can say how I feel			
	It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.			Module 1 Unit 3 Session 3 Emotional Changes				

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.		Y5 p.33-36 God loves me in my changing and development <b>*SDB Y5 /6</b>	Module 1 Unit 2 Session 1 Girl's Bodies Module 1 Unit 2 Session 2 Boy's Bodies				
	Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)	<b>*SDB Y5 /6</b>	Module 1 Unit 3 Session 3 Emotional Changes				
	Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to			Module 1 Unit 2 Session 4 Spots and Sleep	9. I can tell you how I look after myself  10. I think before I make choices that affect my health			Y6 Topic 4 Lesson 5 Mental Health

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
<b>Theme 2: Created</b>	support mental well-being.							
	I can: Be courteous in my dealings with friends and strangers			Module 1 Unit 1 Story sessions Kester's Adventures	19. I try to use words that make the world a better place			
	I know: That some behaviour is unacceptable, unhealthy or risky			Module 1 Unit 3 Session 2 Peculiar Feelings	6. I understand that rights match responsibility			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage				9. I can tell you how I look after myself  10. I think before I make choices that affect my health			
	Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic Church-Autumn term)  Other Faiths weeks	God loves me in my changing and development Y5 p.33-36		36. I try to be accepting of others		One Day One World resource	Y6 Topic 2 Lesson 3 Celebrating Differences Y5 Topic 2 Lesson 1 Cultural Differences can cause conflict Topic 2 Lesson 2 Understanding racism <b>*Caution Advised</b>



## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<b>The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness</b>	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)			29. I try to forgive people when they hurt me  33. I try to accept forgiveness from others		Advent and Lent resources	
	<b>Show resilience and manage risk in order to resist unacceptable pressure and show determination and courage when faced with new challenges</b>		God loves me in my changing and development Y5 p.35	Module 2 Unit 2 Session 1 Under Pressure  Module 2 Unit 2 Session 2 Do You Want a Piece of Cake?  Module 1 Unit 3 Session 1 Body Image	9. I can tell you how I look after myself			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<p><b>That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)</b></p>	<p>Common Good Y6 (Universal Church-Summer term)</p> <p>Mission Y5 (Local Church-Spring term)</p> <p>Unity Y6 (Eucharist-Spring term)</p>			15. I know I belong to a community that includes my school		Universal Church Topic Year 6	
	<p><b>Be honest, striving to live truthfully and with integrity, using good judgement</b></p>			Module 1 Unit 1 Story sessions Kester's Adventures	8. I try to be just and fair			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<b>Be compassionate , able to empathise with the suffering of others and displaying the generosity to help</b>	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)			27. I know how to help others when they are in trouble  34. I stand up for people who are being treated unfairly		All CAFOD resources	
	<b>How to use technology safely</b>			Module 2 Unit 3 Session 1 Sharing Online  Module 2 Unit 3 Session 2 Chatting Online				Year 5 Topic 5 Lesson 2 Online relationships Lessons 4 & 5 Rights and responsibilities in online relationships

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them				25. I know when to ask for help and who to ask for help from			
	About some basic first-aid, dealing with common injuries				27. I know how to help others when they are in trouble			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<b>How to make informed choices in relationships</b>		<p>God loves me in my changing and development Y5 p.35</p> <p>The wonder of God's love in creating new life Y6 p.42</p>	<p>Module 2 Unit 3 Session 1 Sharing Online</p> <p>Module 2 Unit 3 Session 2 Chatting Online</p> <p>Module 2 Unit 3 Session 3 Physical Contact</p>				
	<b>That my increasing independence brings increased responsibility to keep myself and others safe</b>			<p>Module 2 Unit 3 Session 1 Sharing Online</p> <p>Module 2 Unit 3 Session 2 Chatting Online</p>	6. I understand that rights match responsibility			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	<b>That prayer and worship nourish my relationship with God and support my relationships with others</b>	All topics	God loves me in my changing and development Y5 p.36  The wonder of God's love in creating new life Y6 p.44	All Units from 'Life to the Full' introduce children to a variety of ways to pray			CAFOD Assembly resources	
	<b>About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</b>			Module 2 Unit 3 Session 2 Chatting Online	<b>27. I know how to help others when they are in trouble</b>			Year 5 Topic 5 Lessons 5 & 6

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	Why social media, some computer games and online gambling, for example, are age restricted.			Module 2 Unit 3 Session 2 Chatting Online				
	That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health			Module 2 Unit 3 Session 2 Chatting Online	27. I know how to help others when they are in trouble			

## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
	How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.			Module 2 Unit 3 Session 2 Chatting Online				
	How to report and get help if I encounter inappropriate materials or messages			Module 1 Unit 3 Session 4 Seeing Stuff Online	25. I know when to ask for help and who to ask for help from			



## Upper Key Stage Two

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
<b>Theme 3: Created to live in community</b>	That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)			Module 3 Created to live in community				
	About the importance of living in right relationship with the range of national, regional, religious and	Other Faiths weeks		Module 3 Unit 1 Session 1 Trinity House  Module 3 Unit 1 Session 2	36. I try to be accepting of others		Global Neighbours resource	

## Upper Key Stage Two

	ethnic identities in the United Kingdom and beyond, respecting difference			Catholic Social Teaching				

		Come and See	Journey in Love	Life to the Full	Statements to Live By	Science	Links to CAFOD	PSHCE
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## Upper Key Stage Two

<b>Demonstrate my gratitude to others for the good things in my life through words and actions</b>	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)		Module 1 Unit 1 Story sessions Kester's Adventures	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	
<b>Be self-disciplined and able to delay or even deny myself</b>	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)					Advent and Lent Resources	
<b>I can: Show care and concern for the special people in my life and put their needs before my own</b>	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)		Module 3 Unit 1 Session 1 Trinity House				
<b>Be loyal, able to develop and sustain friendships</b>	General						
<b>Be just and fair, acting with integrity, understanding the impact of my actions locally,</b>	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 3 Unit 1 Session 2 Catholic Social Teaching			Climate and Environment Resource  Laudato Si	Y5 Topic 1 Unit 2 United Nations Convention on the Rights of the Child

## Upper Key Stage Two

nationally and globally						Care for our Common Home	
Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		Module 3 Unit 2 Session 1 Reaching Out			Fair Trade Resource  Laudato Si Care for our Common Home	Year 6 Topic 1 Lesson 2 – Ghana Chocolate Year 5 Topic 1 Lesson 3 Refugees <b>School Council</b>
Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 1 Unit 1 Story sessions Kester's Adventures	29. I try to forgive people when they hurt me			
That bacteria and viruses can affect health and that following simple routines and medical interventions			Module 2				

## Upper Key Stage Two

	can reduce their spread								
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## Resources referenced in this document:

**Come and See** – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

**Early Learning Goals** from Statutory Framework for Early Years/Foundation Stage

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/596629/EYFS\\_STATUTORY\\_FRAMEWORK\\_2017.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf)

**Science Curriculum 2014** <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

**A Journey in Love** – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

**Life to the Full** – Ten: Ten Resources (including EYFS resources September 2010) [www.tentenresources.co.uk/relationship-education](http://www.tentenresources.co.uk/relationship-education)

**CAFOD** – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

**Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition** – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

[Global Calendar](#)

<https://globaldimension.org.uk/calendar/>

**\*SDB – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black**

## Suggested additional Resources

**All That I Am** - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

**Social and Emotional Aspects of Learning (SEAL)** published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

**PSHE guidance from PSHE Association** <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).